

Directions to the Pennsylvania Breastfeeding Coalition Meeting

July 15, 2009, 10 am – 2 pm
to be held at

Fredricksen Center
2015 Technology Parkway
Mechanicsburg, PA 17050-9474
(717) 791-2400

From the East: Exit the Pa turnpike at the Harrisburg West/York exit. Take 83 north, it should be marked Harrisburg. Get in the left hand lane - the highway will split take the left exit toward Camp Hill. Remain on that highway until it splits again. Take the right lane to 81 north - Harrisburg. Then exit on Wertzville Rd. Turn right on Valley St./ Cumberland Technology Parkway look for Fredricksen on the Left.

From the West: Take Pa Turnpike to Carlisle Exit. Stay in the left lane at the exit and Follow Harrisburg sign. After you pass the Waffle House on the right there will be a traffic light. After that light take 81 north/ Harrisburg. Stay on that highway to Wertzville Rd. Exit and then follow directions above.

From the North: Take 322 East from State College or 15 S if coming from Williamsport. If coming from State College Exit 322 to 15 before crossing the river. It may be marked Duncannon or Camp Hill. Come down the west side of the river. Take 81 South to the Wertzville Rd exit. Turn left onto Wertzville Rd. then right on Valley St/Cumberland Technology Parkway - look for Fredricksen on the left.

If you miss the turn from 322 and cross the river. Follow the signs to Harrisburg and look for 81 South. You can cross again on that bridge and then follow directions above.

When arriving at Fredricksen Center - park in the lot on the side of the building. We will be in a different room this year. Come in the side door - We are in room G-8. If you park behind the building and come in the main entrance, take the elevator down to ground floor.

Now are you confused? If so, feel free to call Kathy Roberger at work -782-5372.